

## TOOLBOX TALK

This is a short safety talk about **COMPLACENCY**. Please share the message with your crew.



# SELF CHECK FOR COMPLACENCY

Construction sites are often high-risk work environments that can be prone to accidents. One common cause of these accidents is complacency. This is why it's crucial for workers to take extra precautions and maintain a healthy level of alertness at all times, as even one lapse in judgment can lead to devastating consequences.

Construction site employees should always wear safety glasses, hardhats, steel-toed boots, gloves, and other protective gear when on the job. They should also avoid using power tools without wearing ear plugs or hearing protection because the noise they generate has been shown to have detrimental effects on brain function over time. Workers must also remember that there are many hazards present in construction zones such as chemicals and heavy machinery which could result in injury or death. If construction workers are employed by a construction company, they should familiarize themselves with all of the on-site safety protocols and procedures to ensure that they're following them at all times.

Determining whether you're complacent on the job can be difficult. Therefore, it's a good idea to do a self check once in a while. To do this, simply ask yourself some questions to see how you're really feeling about work and your ability to follow safe work practices and procedures.

- What are some common causes of accidents in my workplace?
- What safety measures do I need to take to prevent these accidents from happening?
- How can I stay alert and focused while working?
- What should I do if I see someone else doing something unsafe at work?
- How can I keep myself motivated when the work gets tough?

One of the most common causes of accidents in a construction site environment is complacency. This is when workers become too comfortable and start to take their safety for granted. As a result, they may not be as alert as they should be, which can lead to serious injuries or even death.